

STEP 7

THE TRANSURFING CONCEPTS AND LOOOOVE!

FRAILING

Love on higher lifelines is absolute compassion and complete detachment and lower levels of importance. It is seeing the larger picture of people's lives and focusing not on what you want from them but how you can assist them in unfoldment, growth and achieving their desires. Love is focusing on how you may serve them, and in doing so, how you may serve your own growth, higher purpose and ascension to higher lifelines.

QUESTIONS

- How have you acted with frailing in past relationships. Call to mind 5 prior examples of frailing, both you and your partner getting exactly what it is you both wanted, a win-win.
- How have you not acted with frailing in past relationships, causing energetic disruption, turmoil and dysfunction? Call to mind 5 prior examples of working with inner intention.

OUTER INTENTION

Outer intention is the act of letting your world show you the way. This is you surrendering to the will of your environment and letting IT offer you options, variations and material that you can choose to take. Often times when looking for something, love, money, adventure...we can work from a place of inner intention as previously discussed.

Having a firm understanding of outer intention, what it is and how to use it will make your search more energy efficient, fun and successful. All the really amazing things I have now came to me via outer intention. Times when I used inner intention things I got took me a lot of energy to get and seemed flawed in nature, contrived.

A contrived relationship is a relationship achieved and maintained via inner intention.

Boooo!

QUESTIONS

- List 5 opportunities to give or receive love that came to you via outer intention? Challenging I know! That's because most has been achieved romantically via inner intention! This will start to shift now.
- How do you feel you can plug into your reality via outer intention more romantically?

THE ALTERNATIVES FLOW

I imagine my life, my reality, as a river, a free flowing, clear, beautiful river. When I want something too much I imagine that I am holding onto a rock in the river, clutching and clinging in a way that inhibits me to flow. While everything I really want is waiting downstream, on other rocks yet to be discovered. The rock I am holding onto signifies inner intention, high importance levels and not trusting my world. So how have you been clinging to a rock romantically and what will it take for you to let go.

QUESTIONS

- Would you be willing to accept that you are not yet ready to receive your romantic partner yet?
- Are you willing to accept this sentence as a sign that you must begin to connect first with your higher self, elevate to higher lifelines to connect with your higher partner downstream?
- Can you let go of the rock you are clinging to now, letting yourself flow downstream, getting what you intend to have when your world deems you ready?
- List 5 ways you can let go and flow now.

STEP 8

AMPLIFYING LOVE TO INCREASE IT

Can you imagine how it would feel if your heart were open, if everywhere you went you trusted and knew that your world was friendly? How would your life flow if you believed that your inner observer was connecting you with love and that people were sending you love wherever you went, and that you were broadcasting a beam of love to everyone? How would your life change if whenever someone said something to you, no matter how it came out, you could recognize the love or need for love behind it?

By recognizing love, you draw it out of people and attract it to yourself wherever you go.

As you go out into the world this next week, be aware of how you can express love through your eyes, through your smile, your heart and even with physical connection if its appropriate.

For the rest of today, be in your heart. Experience the love that is you, and as you do, be open to receive from others the acknowledgement of the fire and love within you.

Love opens the door to your own growth and aliveness. You may have experienced how being in love expands your feeling of being alive - being in love with anyone, a child, a parent, or a friend.

Acknowledging people and acknowledging yourself is another way to experience love. Take a moment to appreciate everyone you see tomorrow and send them a feeling of love. This will change your life and raise your frequency rapidly.

Love operates in the present, and by focusing on it in the present, you send it into the future frames illuminating it in the reel.

QUESTIONS

- Think of your day tomorrow. Is there something you could do to give love to someone or to experience it yourself?
- What are some ways you currently radiate love?