

# GLOSSARY

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## CHAPTER TWO

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# *A Practical Glossary*

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### **Pendulums**

Amassed human mental energy creates these aggressive, invisible thought structures. When a group of people focus their collective attention in one direction, their “thought waves” aggregate into a mass of energy. These covert, but very real energy-information structures create Pendulums. Pendulums develop on their own accord and create laws and standards to which their victims must adhere. Under the influence of a destructive pendulum, one loses their personal creative freedom by becoming a cog in the machine. The more people/fans/members participating in this one-sided energy exchange, the stronger the Pendulum will become.

Every Pendulum has its own characteristic frequency. The Pendulum's objective is to affect an environment's frequency enough that humans feel pulled to focus on them and feed them with more energy. Once a human's frequency has been affected, their thoughts and actions will obviously follow suit. The resulting thoughts, actions and frequencies then correspond to a sector of reality where the Pendulum dominates.

It is impossible to Transurf a reality that is being created and controlled by a destructive Pendulum. In succumbing to the destructive influence of a Pendulum, an individual runs the risk of becoming forcibly diverted away from Lifetracks where they experience happiness.

To suck energy from their adherents, Pendulums captivate humans by way of their feelings and reactions. They do this by triggering strong emotions like resentment, dissatisfaction, hatred, frustration, anxiety, agitation, oppression, confusion, despair, fear, regret, affection, admiration, tenderness, idealization,

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adoration, delight, disappointment, pride, arrogance, contempt, disgust, sense of offense, sense of duty, guilt, etc. Classic pendulums include: the media (including social media), politics, religion, professionalism, fashion, pharmaceuticals, alcohol industry, etc.

### **The Deal**

Looking at the exact energetic exchange occurring between you as an individual and the Pendulum with which you are engaging.

Recognizing your exact energetic contribution to the exchange and the exact energetic gains you are receiving in turn.

### **Renegotiation**

When the energetic exchange between an individual and a Pendulum becomes off-balance, renegotiation is a means of restoring balance. Renegotiation occurs when the energetic exchange is dissected and managed.

Example: You tune in to the news multiple times a day and notice that every time you do so, your energy levels suffer. The media Pendulum is getting more from you than you are receiving from it. Renegotiating with this Pendulum could look like you tuning into the news once per week instead of daily to restore your energy levels.

### **The Mirror World**

The metaphysical world from which we materialize our intended versions of reality. What we present to the world's mirror, will ultimately be reflected back to us.

Most people attempt to influence the mirror directly rather than to change the image at the place it originates.

Example: Stepping out of the shower, you wish to comb hair in the bathroom mirror. Do you attempt to fix your hair by reaching out and combing the hair of your mirror self? No. You comb your hair in physical reality and see it reflected back to you in the mirror.

The same holds true for reality. If you want your world to look a specific way, you must first determine how you can project the desired effect.

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Example: If you want a higher level of wealth, you must project outward a version of you that holds a higher level of wealth. This could mean you dress up and physically adorn yourself like a wealthier version of you might. It could mean you act out the role of having achieved higher success or that you hold an attitude, the confidence say, of someone who has achieved higher success.

All the physical world is doing is reflecting back to us the mirror image of our attitude, actions, and beliefs toward it.

## **Intention**

An Intention is a declaration to the world's mirror that you will have something, be something or do something. It represents your resoluteness to have and to act. Once an Intention is determined, the world begins to present options and Variables in line with what the one holding the Intention is seeking. When an Intention is declared, Cracks in the Matrix will begin to appear.

## **Cracks in the Matrix**

Opportunities to realize your Intention, which were unavailable or at least imperceptible before the Intention was set.

Cracks in the Matrix can appear as tips or advice from others on how to be more effective in achieving your goal. They can show up as opportunities which allows for the rapid achievement of, or shortcut to reaching, your goal.

Example: This book. The choice to create an alternate way to get this story out to the world is a Crack in the Matrix. The long route in this example, would be traditional publishing. This way is the means to achieve the desired Intention in a more efficient and rapid manner.

## **The Alternatives Flow**

Dancing with your world. Elevated importance levels hinder flow or cause it to cease entirely. When we focus on an intention with elevated importance, we obstruct our view of potential resources, Variables, and not yet known means, of achieving our goal or Intention with ease. Cracks in the Matrix are more easily spotted when the Importance levels surrounding means to achievement, are lowered.

## **Personal Resources**

Anything you must give a Pendulum, a person, or your world. Personal Resources include, but are not limited to thought energy, physical energy, time,

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heart connection, connections with others, education, and money. Personal Resources are limited. Keep this in mind and exchange your Personal Resources prudently

## **Soul Fraile**

The unique code that corresponds to your individual soul. Tuning to the Fraile of your Soul is the antidote to environmental programming, imposed “wants” and “shoulds” of others, and the version of you that’s been tailored to suit the standards of Pendulums.

Align with your Soul Fraile and you will become a lucid embodiment of your TRUE individuality. Tuning in will bring out all your purest characteristics. This is you doing the things you love with Heart and Mind Coordination and journeying along the Lifetrack specifically intended for you. When you are properly tuned to the Fraile of your Soul, you resonate at a frequency that corresponds to the ideal sector of reality for you, where everything you desire exists.

## **Frailing**

The act of giving a person or a Pendulum exactly what it wants to achieve the end goal of materializing your Intention.

Everyone and everything wants something. Frailing is the act of figuring out what it is another seeks and giving it to them in order to receive what you seek to have.

Misconception: Some believe that Frailing is manipulative. Manipulation would be the act of giving another the illusion of what it is they want to receive. Frailing is actually giving it.

## **Standards**

Rules, regulations, “shoulds” or “shouldn’ts”, guidelines, codes of conduct, etiquette, duty, social norms, etc. presented to us by the Pendulums in our external environment.

Standards create a structure for adherents to follow that helps the Pendulum continue their smooth extraction of adherents’ Personal Resources. Question the standards a Pendulum has set and be prepared for pushback. Pushback is merely an illusion, which can be successfully navigated via lowering your importance levels.

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## **Importance**

An overvaluation of an attribute, material item, event, person, place, or belief. Importance surrounding a particular matter is often held in your mind but not in the minds of others.

Example: You have high Importance about an event that is transpiring. You speak with a friend on the phone who doesn't seem to care as much about it as you do. Your Importance levels are elevated, which creates an energetic imbalance. This energetic imbalance is referred to as excess potential. Your friend is unaffected by the event transpiring (or not) because of his/her nonexistent Importance levels.

All our problems in life stem from our excess levels of Importance. Successful Reality Transurfing is only possible for an individual who has their Importance levels adequately managed. Pendulums seek to hook us via our Importance levels. Hence the theory that either Pendulums create your reality for you via your Importance levels, or you create your own reality by managing your elevated levels of Importance.

## **Egregore**

An occult concept originating in Hermetic teachings, that represents a "thoughtform" or "collective group mind". It is an autonomous entity that influences the minds of a group of people. Has a largely negative connotation, and is exemplified by the modern corporation, wherein which the group mind supersedes the individuals' who make up the whole.

### **Chapter Two Book Recommendations (Linked)**

**[The 48 Laws of Power by Robert Greene \(1998\).](#)**

**[Letting Go: The Pathway to Surrender by David R. Hawkins \(2012\).](#)**

**MORE TO COME IN CHAPTER THREE...**

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